

IPSOCON²⁰²⁴

BENGALURU



KARNATAKA CHAPTER



Organized by :
IPS-KC &
Department of
Psychiatry NIMHANS
Bengaluru

57th Annual Conference of Indian Psychiatric Society South Zonal Branch

Theme~

Psychiatry in
the Digital Era:
Addictions to
Advances

Dates :
18th, 19th & 20th
October 2024



Venue:

NIMHANS Convention Centre
Hombegowda Nagar, Bengaluru, Karnataka

INVITATION



Dear Friends,

We are delighted to welcome you to the IT capital of India for IPSOCON 2024, focusing on "Psychiatry in the Digital Era: Addictions to Advances." This conference will explore complex psychological issues related to behavioral and digital addictions, offering insightful discussions and collaborative opportunities in a city renowned for its technological and cultural richness.

We are honored to have a dedicated Organising committee who all have joined together and curated an enriching and engaging program. We are excited to welcome you to this intellectually stimulating event. Your participation and contributions are key to our success, and we look forward to the diverse perspectives and expertise you bring.

Thank you for joining us, and we hope you have an inspiring and productive time at IPSOCON 2024.



Dr. A. Jagadish
Organising Chairman



Dr. Mahesh Gowda
Organising Secretary

Dear Members of IPSSZB,

It is a matter of great pride that IPSOCON 2024 is planned at NIMHANS under the aegis of NIMHANS & IPS-Karnataka Chapter from 18th to 20th October 2024.

The theme for the conference PSYCHIATRY IN DIGITAL ERA-ADDICTION TO ADVANCES is the chosen topic which affects all strata of society. Luminaries from India & abroad will give their valuable insights on the theme as well as topics of interest benefiting PGs & practitioners alike.

IPS- South Zonal Branch welcomes you all to the GARDEN CITY to indulge in scientific deliberations and enrich yourself with better clinical skills.

I wish the enthusiastic organising team of IPS-Karnataka Chapter & NIMHANS the very best & extend all support from IPS-South Zonal branch for the same.

Long live IPS.
Jai Hind.



Dr. Abhay Matkar
President



Dr. P. Lokeswara Reddy
Hon. Secretary

Dear Colleagues and friends,

It is our great pleasure to welcome you to the 57th Annual Conference of the IPS South Zonal Branch, IPSOCON 2024 being held on 18th-20th October 2024 at NIMHANS, Bengaluru, where we gather to explore the importance and impact of Digital Technology on Psychiatry. In the current Digital or Information age, there is a rapid transition happening from traditional practices to an information technology-centred economy. Following the same transition, we are honored to host this prestigious event under the theme “Psychiatry in the Digital Era: Addictions to Advances”, to address both the challenges and opportunities that arise in this rapidly evolving concept.

Our diverse and comprehensive program includes keynote presentations from experts, groundbreaking research presentations, interactive workshops, and ample opportunities for networking and collaboration. We are particularly excited about our plenary session by Dr. John Torous, invited lectures on behavioural and internet addictions, and symposiums on telepsychiatry, forensic psychiatry, recent advances in psychiatric disorders, and the recent-most Tele MANAS, which will stimulate thought-provoking discussions and inspire new directions in our field. Additionally, various awards, papers, and poster presentations will provide a platform for emerging researchers to share their innovative work and receive valuable feedback from the psychiatric community. In addition to the scientific sessions, we have arranged various social events such as the conference Gala dinner to foster connections among attendees and support professional growth.

On behalf of the scientific committee, we extend our heartfelt gratitude to all the speakers and participants who will be attending to make this conference a possibility.

Looking forward to an enriching experience

Warm Regards,



Dr. C. Naveen Kumar
Chairperson

Executive Committee of Indian Psychiatric Society, South Zonal Branch

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Dr. Abhay Matkar

Vice President

Dr. M. Umashankar

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Immediate Past Editor

Dr. Shahul Ameen

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Dr. Vishal Indla (Co-Chairman)
Dr. Indu P.V (Convener)
Dr. P. Poornachandrika
Dr. Phani Prasanth

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Dr. P. Kishan

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Dr. Anita Rayirala

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Dr. Radhakrishnan M.P.

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IPSOCON 2024 ORGANISING COMMITTEE



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Dr. Narendra



Scientific Committee

Chairperson

Dr. C. Naveen Kumar

Members

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Dr. Kiran Kumar

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Dr. Apurva

Dr. Madan R.

Dr. Gokul Raj

Dr. Manik Inder Singh

Souvenir Committee

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Dr. Khushboo Dewani

Dr. Swarna Buddha

Sports Committee

Dr. Madhukar B

Dr. Shashidhar Bilagi

Dr. Veda Shetgeri

Entertainment Committee

Dr. Pavithra

Dr. Preeti Mahesh

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Hospitality Committee

Dr. Swaminath G

Dr. Sunil Patil

Dr. Swapna





IPSOCON 2024
BENGALURU



KARNATAKA CHAPTER



Photo

57th Annual Conference of Indian Psychiatric Society South Zonal Branch

18th - 20th October 2024, NIMHANS Convention Centre, Hombegowda Nagar, Bengaluru, Karnataka

REGISTRATION FORM

*First Name

Middle Name

*Last Name

*Date of Birth Sex ☐ Male ☐ Female ☐ Others

*Address

District

*State Pincode

*Country

Contact numbers (with STD Codes)

*Mobile Residence/Office

*E-Mail

*Qualification Year

*State Council Reg. No.

Membership No (IPSSZ/IPS)

Accompanying Persons

1) Name Relationship Age Gender

2) Name Relationship Age Gender

3) Name Relationship Age Gender

*Detail mandatory

Registration mandatory for all.

IPSOCON 2024 Registration link: <https://ipsocon2024.com/>

Category	Early Bird Up To 15th July 2024	Standard Up To 15th August 2024	Regular Up To 30th September 2024	1st October 2024 Onwards & Spot
IPSSZ Members	6100	7100	8100	8600
IPS Members	7100	7600	8600	9100
Non IPS Members	8100	8600	9100	9600
PG Students	2600	3100	3600	4100
Accompanying Persons	3100	3600	4100	4600
Corporates	25100	25100	25100	25100
IPS Senior Members > 65 Years	0	3600	4100	8600

*The above mentioned registration fees are In INR & inclusive of 18% GST.

* For Senior Citizens the Registration is free till the First Cut off Date.

Payments to be Drawn on

Account Name : INDIAN PSYCHIATRIC SOCIETY KARNATAKA CHAPTER

Account Number : 54016692946

Bank Name : STATE BANK OF INDIA

Branch & Address : Nandini Layout Bengaluru Karnataka Pin 560096.

RTGS/NEFT – IFSC : SBIN0011288





Entitlement

Delegates attending physically

- Inaugural function, Scientific sessions & Social Evenings
- Lunches & Dinner during the conference
- Souvenir
- Medical Council Certificate of attendance
- Participation in Lucky Draw

Accompanying persons attending physically

- Inaugural function & Social Evenings
- Lunches & Dinner during the conference

*Delegate kits and bags will not be provided at any pharma stall**

Cancellation and Refund Policy

Up to 15th July 2024

From 16th July to 15th Sep 2024

From 16th Sept 2024

Deductions

: 20 % + GST amount

: 50 % + GST amount

: No refund

- Please note that GST is non-refundable.
- Refund will be solely at the discretion of the organiser and will be made after the conference.
- Duly filled forms along with the payment details/cheque/DD should be sent to Conference Secretariat address,

Conference Secretariat IPSOCON 2024

Spandana Health Care

No 236/2, 29th Main, 5TH Block, Nandini Layout, Near Ring Road
Bridge, Bangalore – 560096

For any correspondence or information.

Mr. Gautam Rampur

+91 7349599645 • ipsocon2024@gmail.com

Website: www.ipsocon2024.com

Important Contacts

Organising Chairperson

Dr A. Jagadish

+91 9844059066.

Organising Secretary

Dr Mahesh R Gowda

+91 9845134915

AWARDS



Awards Submission - General Guidelines

- For detailed guidelines visit <https://ipsszb.org/awards/>
- Should be submitted to Award Committee Chairman,
Dr. K Uday Kumar E-mail Id: - udayasvandana@gmail.com cc to ipsocon2024@gmail.com.
- Last date of submission 15-08-2024.

1

DR. S. M. CHANNABASAVANNA SPANDANA PG QUIZ AWARD
Sponsors: Dr M. Srinivasa, Spandana Nursing Home - initiated the Oration in October 2014.

2

VISAKHA PSYCHIATRIC SOCIETY ORATION AWARD
Sponsors: Visakha Psychiatric Society initiated the Oration in July 2000.

3

Dr. S.S. JAYARAM AWARD FOR BEST PAPER
Sponsor: Family of Dr. S.S. Jayaram, Bengaluru, sponsored the Award with a corpus fund.

4

DR D.S. RAJU MEMORIAL PG AWARD FOR BEST PAPER
The award is presented each year to the best paper presented by the Post Graduate trainee from any of the States / Union territory of the IPS South Zonal Branch.

5

SHATAVAHANA BEST PG POSTER AWARD
Sponsor: Karimnagar Psychiatric Society 3 prizes for best PG posters will be awarded at the valedictory function of the IPSOCON.

6

DR. P. RAGHU RAMI REDDY BEST RESEARCH
Sponsor: Karimnagar Psychiatric Society.
Part I: Best Research Paper Award
Part II: Financial Aid for Best Research Proposal.

7

ATHMA ENDOWMENT AWARD FOR THE WOMEN PSYCHIATRIST
Sponsors: Athma Hospitals & Research Pvt. Ltd, Trichy, Tamil Nadu
The aim is to recognize the academic & social activities of women Psychiatrists.





Free Papers and E- Posters



Guidelines for Abstract Submission for Free Paper and Poster Presentation:

- All Presentation files should be emailed to ipsocon2024@gmail.com with the subject at least 48 hours prior to the scheduled time.
- Conference registration is mandatory for submission of abstracts.
- One of the authors should be a member of Indian Psychiatric Society and South Zonal Branch.
- Last date for abstract submission: 15-09-2024.

For any questions regarding symposium submissions, please contact the IPSOCON 2024 Organizing Committee at ipsocon2024@gmail.com or call Dr. Apurva on +91 9004351459





CALL FOR SUBMISSIONS TO SHOWCASE YOUR LIFETIME ACHIEVEMENT AWARDS IN MENTAL HEALTH!

We invite all esteemed members of IPS – South Zone to share their **Lifetime Achievement Awards** in the field of **Mental Health**. This is a unique opportunity to celebrate your **efforts and contributions** to society and the field of mental health during the **IPSOCON 2024 Conference!**

Your submissions will be showcased throughout the conference, providing **inspiration and recognition** to the wider **psychiatric and mental health community**.

Submission Guidelines:

1. Your name, affiliation and designation.
 2. Details of Lifetime Achievement Awards in Mental Health (**award name, year of the award, and the organization or individual who presented the award**)
 3. Any additional noteworthy contributions or recognitions.
 4. An image of the award, the moment of receiving it, or a personal image (maximum of 2 images in PNG format).
 5. State
-

Deadline for Submission: Please send your details by **10th October 2024**.

How to Submit:

WhatsApp:

Dr. Harsha G T (9008310114) OR Mr. Gautam Rampur (7349599645)

Email:

Dr. Harsha G T (drharsha85@gmail.com) OR
Mr. Gautam Rampur. (ipsocon2024@gmail.com)

Google Doc Link: Submit your information using the following link:

<https://forms.gle/CwfNNjfJGjiYKtXW7>

Dr. Mahesh Gowda
Organizing Secretary

Dr. Jagadish A
Organizing Chairman

We look forward to your participation and celebrating the
incredible work of our members!



CALL FOR SUBMISSIONS TO SHOWCASE YOUR WORK IN MENTAL HEALTH & PUBLISHED BOOKS!

We invite all esteemed members of IPS -South Zone to **present their contributions** to the field of **mental health**. If you have published books in **any language** on topics related to mental health, psychiatry, or wellness, we would be honoured to **highlight your accomplishments**.

At the IPSOCON 2024 Conference, a **dedicated space** will be provided to **display your books** and celebrate your invaluable contributions to the field.

Submission Guidelines:

1. Your name, affiliation and designation.
2. State
3. Title of the book(s) you have published, language of the book(s), and year of publication.
4. Brief description of the book(s).
5. Any additional noteworthy contributions in the field of mental health

Deadline for Submission: Please send your details by **10th October 2024**.

How to Submit:

WhatsApp:

Dr. Harsha G T (9008310114) OR Mr. Gautam Rampur (7349599645)

Email:

Dr. Harsha G T (drharsha85@gmail.com) OR
Mr. Gautam Rampur. (ipsocon2024@gmail.com)

Google Doc Link: Submit your information using the following link:

<https://forms.gle/CwfNNjfJGjiYKtXW7>

Dr. Mahesh Gowda
Organizing Secretary

Dr. Jagadish A
Organizing Chairman

We look forward to your participation and celebrating the
incredible work of our members!



Souvenir

- Please provide a write-up on the following topics.
- Word count: 200-300 words.
- Last date of submission: 9th October (Wednesday), 5 pm IST, 2024.

Please read the terms and conditions below of the topics for further instructions.*

TOPICS:

The best place(s) to visit in India (based on your personal experience) that you recommend for IPSSZB colleague members. Please include a brief description of your choices. You may add relevant personal pictures. The best place(s) to visit in the world (apart from India) based on your experience that you recommend for IPSSZB colleague members. Please include a brief description of your choices. You may add relevant personal pictures. Recipes for your favorite dishes that your IPSSZB colleague members will enjoy. These can be comfort food, mom's recipes passed down through the family, or your unique twist to a standard recipe. You may add relevant pictures of the final dish prepared. Your favourite books you recommend (with reasons) for your IPSSZB colleague members to read (can be of any language and genre). Movies of your recommendation (with reasons) for your IPSSZB colleague members to see (can be of any language and genre). Three pieces of advice (bullet) you would give to your younger self at the start of a career as a psychiatrist – Only for those above 40 years of age. Some of your favourite philosophical ideas (or quotes from others) to be happy in life that you want to share with your IPSSZB colleague members. Your recommendations for extracurricular activities have changed your life. You may add relevant personal pictures. Suggestions on exercise routines (running, yoga, strength training, etc.) that you recommend for your IPSSZB colleague members. You may add relevant personal Essential and practical financial lessons/advice for your IPSSZB pictures. colleague members (word count of this particular topic maybe 500 words)

*Terms and conditions:

1. Only members of the IPSSZB can submit.
2. Each member can submit for a maximum of two topics.
3. The souvenir committee reserves final selection/ editorial decisions.



IPSOCON 2024



BENGALURU

BRAINSTORM

The IPSOCON Blitz Competition

Theme: The Future of Psychiatry



1st Prize - Rs.10000 | 2nd Prize - Rs.8000 | 3rd Prize - Rs.6000



OCT 20TH
BOARD ROOM, CONVENTION
CENTRE, NIMHANS
9:00 - 9:45 AM

**LIMITED SLOTS AVAILABLE
APPLY NOW!**



*Registration for IPSOCON 2024 is mandatory for participation in the Blitz competition

GENERAL RULES

- The IPSOCON Blitz Competition is part of the IPSOCON Conference 2024 to be held at NIMHANS, Bengaluru.
- Registration for the IPSOCON 2024 conference is mandatory to participate in the competition.
- The competition is open to MD/DNB/DPM Psychiatry residents and early career psychiatrists (within 5 years of completion of MD).
- Interested candidates must apply by filling the following form.
- Short-listed candidates will be intimated by the second week of October.
- For any doubts, please mail us on ipsoconblitz2024@gmail.com

[Click Here To Register](#)





IPSOCON 2024



KARNATAKA CHAPTER



BENGALURU

FORENSIC PSYCHIATRY WORKSHOP

**Limited
Slots
Available
Register Now!**



October 17th



9 AM - 5:30 PM



**Board Room,
Convention Centre, NIMHANS**

Things to learn

- **Assessment in Forensic Psychiatry**
- **Fitness to stand trial & Insanity defence**
- **MHCA- Focus on capacity assessment, admission & discharge**
- **Certification in Psychiatry**



***Registration for IPSOCON 2024 is mandatory for participation in the Workshop**

GENERAL RULES

- Forensic Psychiatry Workshop is a IPSOCON pre-conference workshop at NIMHANS, Bengaluru.
- Registration for the IPSOCON 2024 conference is mandatory to participate in the workshop.
- Psychiatry residents, early career psychiatrists (within 5 years of completion of MD) preferred, it's also open to others.
- Interested candidates must apply by filling the following form.
- Short-listed candidates will be intimated by the second week of October.
- For any doubts, please mail us on Ipsacon2024@gmail.com
- Mention forensic workshop as a subject when emailing to the above ID.

[Click Here To Register](#)

Pre-Conference Workshop on 17 Oct

“Dissertation to Publication”

Organised by the Committees of

**-Indian Journal of Psychiatry
-Indian Journal of Psychological Medicine
- Journal of Psychiatry Spectrum (Host)**

Venue: Board Rooms, next to Platinum Jubilee Hall, POGW Building, NIMHANS

Time	Agenda	HALL A Team (Drs)	Hall B Team (Drs)
09:00 – 11:00 AM	Objectives, manuscript outline Methods including Statistical Analyses	Muralidharan K Rajshekhar Bipeta*	Smita Deshpande Sujit Sarkhel* Samir Kumar Praharaj
11:00 – 11:15 AM	Tea break		
11:15 – 12:45 PM	Presentation of Results and Tables	Ravindra Munoli* Ranganath Kulkarni	Lakshmi Shiva* Swarna Buddha N*
12:45 – 1:00 PM	Inauguration	Arul Saravanan	Neha Mattikoppa
01:00 – 02:00 PM	Lunch break	Apurva Mittal*	Saraswathi Tenagi
02:00 – 4:15 PM	Results (if any) & Discussion section	Statistician Mariyamma Philip	Vijay Harbishettar*
04:15 – 4:30 PM	Conclusion		

*Organising Coordinators **

Target Audience: Recently Qualified (SRs/ Faculty) with published thesis!

1. Register for the IPSOCON 2024
2. Fill form <https://forms.gle/nqGQKysrtj3oYwY6> , Add Conference Registration number
3. Send the Abstract in the prescribed format to nimhansvijay@gmail.com
4. NOC from your Thesis Guide, email this also
5. Since there are only 32 places, this will be based on selection process

Abstract: < 350 words, include Background, Importance, Research Question, Objective, Methods (with Design, Sample, Statistics), Results and Conclusions

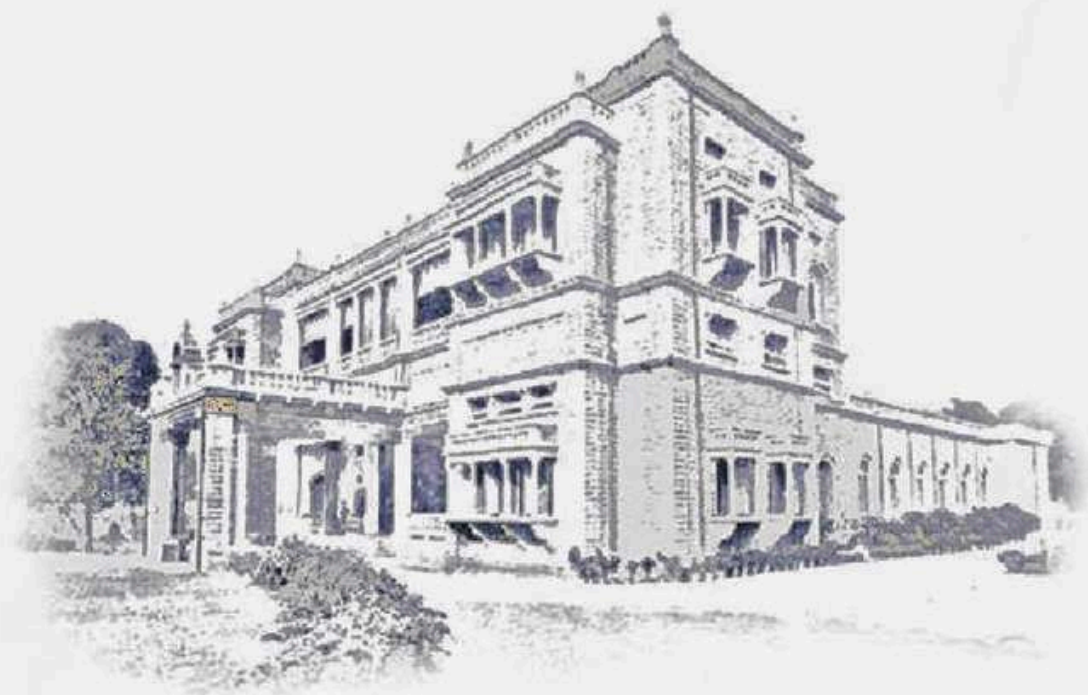
(ps: After filling forms, send the abstract and NOC by email)

Selected Candidates will know by 5 Oct 2024; Email nimhansvijay@gmail.com

To bring Laptop, Charger, thesis in word doc, excel master chart, SPSS data!

EARLY REGISTRATION MAY HELP STARTING ONLINE MENTORING WORK

About IPSKC & NIMHANS



The Indian Psychiatric Society - Karnataka Chapter (IPS-KC), started on 7th March 1968, is one of the most vibrant Psychiatric Societies in the whole of India, with a multitude of academic, scientific, and many community-oriented programs, events, and health awareness activities for the cause of public mental health, the year around. This registered esteemed society, governed by its constitution has bagged the "Best State Branch Award" by the parent National Body, the Indian Psychiatric Society, over 10 times, much to the delight and pride of its 500+ members, showing the diversity and quality of its activities.

The 56-year-old Society has many talented experienced clinicians, trainers, scholars, Researchers, and mentors as its members. The dynamic society consists of multiple well-managed academic activities, and research, with diverse sub-specialties such as community, forensic, Geriatric, Addictions, Rehabilitation, Psycho-dermatology, etc. The IPS-KC is also known for organizing frequent lectures and orations by the Stalwarts of Psychiatry, various certificate and fellowship courses, state-level both online and offline CMEs and various cultural and sports activities.

The National Institute of Mental Health and Neuro-Sciences (NIMHANS) in Bangalore, is world-renowned as a centre for mental health, neurosciences and allied fields with a vision to be a world leader in the area of Mental Health and Neurosciences and evolve state-of-the-art approaches to patient care through translational research. Dr. Charles Irwing Smith, a British medical practitioner in Bangalore, played a pivotal role in establishing the Bangalore Lunatic Asylum in 1847 with a healing environment that contrasted sharply with other jail-like asylums in India.



This asylum was renamed and rebuilt as the Mysore State Mental Hospital in 1937 and was recommended as the first institution to begin training specialists in psychiatry and related mental health fields. After independence, in 1953, the All-India Institute of Mental Health was formed under the supervision of Dr. MV. Govindaswamy, where the asylum architecture, horticultural layout, high standards of mental health care and emphasis on scientific training were initiated and continue to date. After the amalgamation of AIIMH and the Mysore Mental Hospital, in the year 1974, the National Institute of Mental Health and Neuro Sciences (NIMHANS) was formed, which is now synonymous with providing high standards of clinical care, quality training, and cutting-edge research in the frontier areas.

A special feature of this Institute since its inception is the combination of research and training with promotive, preventive and curative aspects of clinical services in Mental Health and Neurosciences. NIMHANS has made significant progress and is a Center Of Excellence in mental health and neuroscience in the country. NIMHANS has produced more than 1,000 Psychiatrists, about 600 Clinical Psychologists, and Psychiatric Nurses so far—who are working in both national and international contexts. In 2012, NIMHANS was conferred the status of an ‘Institute of National Importance.’ In recognition of its innovative research, education, and patient care approaches, NIMHANS has been honoured with the prestigious Nelson Mandela Award for Health Promotion from the World Health Organization (WHO) for 2024.

Bengaluru, the capital and largest city of Karnataka, is centrally located and well-connected to major cities across the southern states of India. Known for its pleasant climate, abundant parks, lush green spaces, and broad streets, Bengaluru is aptly nicknamed the “Garden City of India.” It is also recognized as one of the fastest-growing metropolises, serving as a hub for high-technology industries, heavy manufacturing, and numerous multinational companies, earning it the title of the “Silicon Valley of India.” Bengaluru is home to many esteemed educational, health, and research institutions, with NIMHANS standing out as a pioneering force in mental health and research.



Namma Bengaluru



IPSOCON 2024

BENGALURU

Bengaluru, the Silicon Valley of India, where tradition meets innovation in a dynamic blend of cultures. Situated in the southern part of the country, Bengaluru is a bustling metropolis known for its vibrant atmosphere and rapid development. As the capital of the state of Karnataka, Bengaluru boasts a rich history dating back to ancient times, evident in its numerous historical landmarks and architectural marvels. unique tapestry of traditions and cuisines. Renowned for its pleasant climate, Bengaluru is often referred to as the "Garden City of India," with its lush greenery and picturesque parks providing a tranquil escape from the urban hustle. Home to a diverse population representing various ethnicities, languages, and religions, Bengaluru is a melting pot of cultures, offering a unique tapestry of traditions and cuisines. The city's cosmopolitan vibe is evident in its thriving art scene, eclectic culinary offerings, and bustling nightlife. Bengaluru's prominence as a leading IT hub has earned it the moniker "India's Silicon Valley," attracting tech enthusiasts and entrepreneurs from around the globe. With its world-class educational institutions and research centres, Bengaluru is at the forefront of innovation and knowledge dissemination. Explore the iconic Vidhana Soudha, the seat of the state legislature, and marvel at its imposing architecture and grandeur. Indulge in a shopping spree at the vibrant markets of Commercial Street and Brigade Road, where you can find everything from traditional handicrafts to trendy fashion. Discover the city's spiritual side at the majestic Bull Temple, dedicated to the sacred Nandi Bull, a symbol of strength and devotion.

Experiences



Experience the vibrant energy of Bengaluru's street food scene, with mouth watering delicacies ranging from crispy dosas to spicy chaats. Immerse yourself in the cultural heritage of Bengaluru at the Karnataka Chitrakala Parishath, showcasing a diverse collection of contemporary and traditional art. Escape the hustle and bustle of the city at Lalbagh Botanical Garden, a sprawling oasis of tranquillity featuring exotic flora and fauna. Don't miss the opportunity to witness a traditional dance performance at the renowned Rangashankara Theatre, celebrating the rich artistic heritage of Karnataka. Explore the vibrant neighbourhoods of Indiranagar and Koramangala, known for their trendy cafes, lively pubs, and chic boutiques. Embark on a culinary journey through Bengaluru's diverse culinary landscape, from aromatic biryanis to flavorful seafood delicacies. Experience the thrill of adventure at

Wonderla Amusement Park, coffeeing, exhilarating rides and entertainment for all ages. Delve into the city's colonial past at Bengaluru Palace, a magnificent edifice reminiscent of a bygone era of opulence and grandeur. Whether you're a history buff, a nature enthusiast, or a tech aficionado, Bengaluru offers a myriad of experiences to captivate your senses and leave you enchanted. Welcome to Bengaluru, where every corner tells a story, and every moment is an adventure waiting to unfold.





BANNERGHATTA
BIOLOGICAL PARK

LORD KRISHNA
ISKCON TEMPLE



UB City

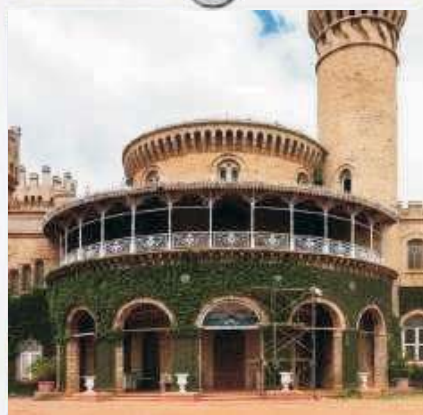


VIDHANA SOUDHA

IT'S ALL ABOUT *Travel* in Bengaluru



KARNATAKA
STATE CENTRAL
LIBRARY



BENGALURU PALACE

KEMPEGOWDA
INTERNATIONAL
AIRPORT



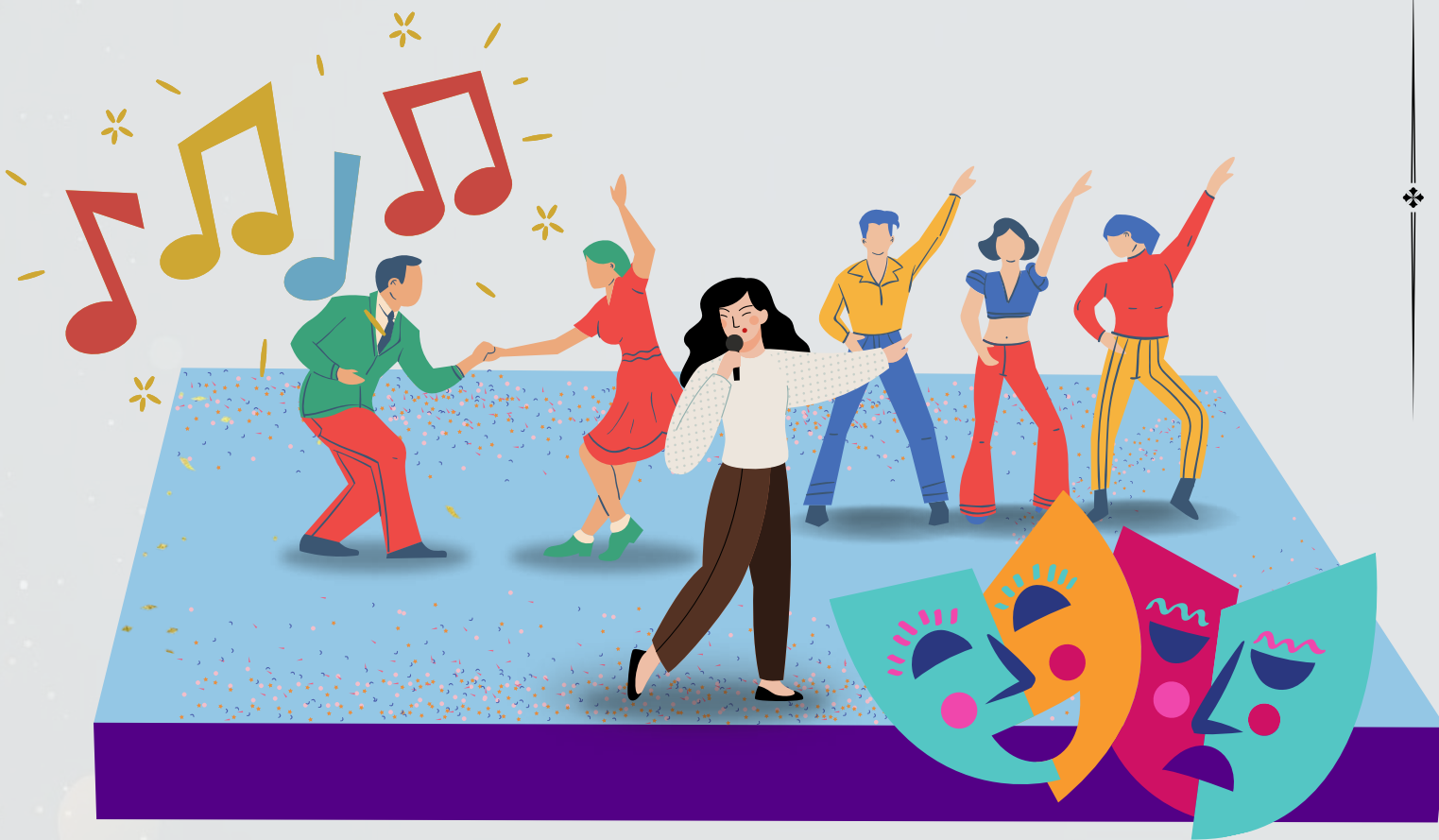
ULSOOR LAKE

Invitation To All IPSOCON 2024

Can you sing!

Can you dance!

Can you entertain our Delegates.....!



Please Feel Free to contact

Dr. Shashidhar Bilagi: 9886261010

Dr. Yamini D: 9886136585

Dr. Mahesh Gowda: 9845134915



IPSOCON 2024

BENGALURU

South zone

Women Psychiatrist Premier League - WPPL



**Inaugural edition
IPSOCON 2024
17th Oct 2024
Venue: Kini Cricket
Ground
Bangalore**



Dr. Pavana



Dr. Veda



Dr. Nivedita



Dr. Ansiya

Be part of the history in the making!



1 match



2 teams



6 overs

Support of IPSSZB & IPSOCON

If you are intrested to be part of the inaugural WPPL, reach out to:

Dr. Veda N Shetageri M: 9886567859

Dr. Shashidhar Bilagi: 9886261010



IPSOCON 2024

BENGALURU

YES! I AM A TRANSGENDER

Listen.....



SEE ME & UNDERSTAND ME



Join Us!

Trans-Pride Parade

IPSOCON 2024

Oct 18, 7:30PM Onwards

Join the Trans-Pride Parade to support inclusion and remove stigma.

- **Step 1:** Scan the QR code to join the event.
- **Step 2:** Upload a selfie with transgender models to become eligible for the Lucky Draw.

Uploaded selfies will be available for public viewing.





MOBILE APP



IPSOCON 2024

BENGALURU

JOIN IPSOCON 2024 WITH EASY EVENTS APP

Pre-Event:

- Step 1: Scan the QR code to download the Easy Events App and join IPSOCON-2024.
- Step 2: Respond if attending, and indicate accompanying persons.
 - Access all pre-event activities and photos.

During the Event:

- Unique QR Codes for all registered delegates to:
 - Access event schedules and session registration.
 - Upload photos/videos from your device.
 - Instant access to event media and eligibility for lucky draws.

Lucky Draws:

1. Day-wise Draw: Win cash prizes and coupons.
2. Mega Draw: Vacation at premier location.
3. Scientific Session Draw: Win exciting prizes.

Receive E-Certificates for event participation and sessions.

Post Event:

- Memories stored permanently. Upload event-related photos even after the event.
- Stay updated on future events.

**SCAN HERE
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THE APP**



IPSOCON²⁰²⁴

BENGALURU



57th Annual Conference of Indian Psychiatric Society South Zonal Branch

Theme~

Psychiatry in the Digital Era: Addictions to Advances

**Dates :
18th, 19th & 20th
October 2024**

Organized by :

IPS Karnataka
State Chapter in
collaboration with
the Department of
Psychiatry,
NIMHANS,
Bengaluru

Credit Hours by Karnataka Medical Council awaited.

Pre-Conference Parallel Workshops

17th
October
2024
Thursday

Forensic Psychiatry

(Qualified Psychiatrists ONLY)

Time: 9 AM to 4 PM

Venue: Board Room, NIMHANS Convention Centre

Speaker: Dr Suresh Bada Math and team

Thesis to Publication/Research Capacity building workshop

(Target Audience: Senior Residents, young psychiatrists who are yet to publish their thesis)

Time: 9 AM to 4 PM

Venue: Board Rooms- Platinum Jubilee Auditorium

Chair: Dr Vijaykumar Harbishettar; Dr Sujit Sarkhel

DAY 1 | 18th October 2024

Friday

Forenoon

8 am onwards	REGISTRATION			
	Hall A	Hall B	Hall C	Board Room
8am to 9am	Free papers	Free papers	Free papers	Free papers
9am to 9:45am	CME inauguration			
9:45am to 10:45am	PLENARY (Hall-A) <i>Digital Psychiatry: Update on digital phenotyping, digital clinics and app evaluation</i> Speaker: Dr. John Torous (Harvard Medical School)			
10:45am to 12pm	CME <i>1. Evolution of the Concept of Behavioral Addictions</i> Speaker: Dr. Shahul Ameen <i>2. Updates on Internet/technology addiction</i> Speaker: Dr. M. Suresh Kumar	PANEL DISCUSSION <i>MHCA -2017: Must-know aspects</i> Panelists: Dr. Raveesh BN, Dr Malaiaappan M, Dr Jayaprakashan, Dr Prashanth NR, Dr Rajshekhar Bipeta, Dr Vishal Indla	PANEL DISCUSSION <i>Psychiatry History Format & Diagnostic Formulation Consensus</i> Panelists: Dr PSVN Sharma, Dr M Kishor, Dr Bheemsain, Dr K Raman, Dr Raviteja, Dr Nimmy Chandran	SYMPOSIUM <i>School Mental Health</i> Speakers: Dr. Rajendra K.M., Dr. Satya Raj
12pm to 1:15pm	CME <i>Neurobiological basis of Behavioral Addictions</i> Speakers: Dr. S.P. Murugappan, Dr. Gopinath, Dr. Vikas Prabhav, Dr. V. Mithun Prasad	LECTURE <i>Ketamine and Psychiatry</i> <i>The overarching importance of oral administration of ketamine in psychiatry: Possibilities, promises, and practice</i> Speakers: Dr. Chittaranjan Andrade	SYMPOSIUM <i>Integrating Perinatal Mental Health into Public Health care systems in Telangana</i> Speakers: Dr. Nithin Kondapuram, Dr. Sundarnag G., Dr. Raveena Akkineni	LECTURE <i>Psychiatric Rehabilitation Services: A Birds Eye View</i> Speaker: Dr. Lakshmi Venkatraman What after me? Speaker: Dr T. Sivakumar
1:15pm to 2:15pm	Lunch Break			

DAY 1 | After Noon

2:15pm to 3pm	PLENARY (Hall-A) <i>Developmental Pathways to Addictive Behaviors: Disentangling the Nature Vs Nurture Debate</i> Speaker: Dr. Vivek Benegal			
3pm to 3:45pm	CME Managing Behavioral Addictions in Private Practice-I <ul style="list-style-type: none"> Pharmacotherapy Non-Invasive Brain Stimulation Speakers: Dr. Mohan Raj, Dr. Arun Nair	LECTURE Geriatric Psychopharmacology Speaker: Dr. PT Sivakumar	LECTURE Delirium in the CLP setting Speaker: Dr. P Arul Varman	LECTURE: Transcranial Direct Cranial Stimulation (tDCS) Speaker: Dr Swarna Buddha Nayok
3:45pm to 4:30pm	CME Managing Behavior Addictions in Private Practice-II <ul style="list-style-type: none"> Psychological/Psychosocial modalities Real Case scenarios Speakers: Dr. Sanju George, Dr. Mohan Sunil Kumar	SYMPOSIUM How to make a presentation? Speaker: Dr. T.P. Sudhakar	LECTURE Neuroradiology for Psychiatrists Speaker: Dr M. Shiva Sanker Reddy	LECTURE Neuropsychiatric Manifestations Across the Age Span Speaker: Dr Harish T.
4:30pm to 5:30pm	CME Porn addiction: Features, neurobiology, and management Speakers: Dr. Kota Suresh Kumar, Dr. Y. Sanjay, Dr Y. Anirudh	SYMPOSIUM State-of-the-art in electroconvulsive therapy: advancements in the digital era Speakers: Dr. Preeti Sinha, Dr. Alby Elias, Dr. Naveen Thomas	LECTURE Mental distress (Mental Health Concerns): A Non-psychiatric mental health condition Speaker: Dr. N. Manjunatha	LECTURE Systematic review and meta-analysis Speakers: Dr. K. Muralidharan, Dr. Vijaykumar S. Harbishettar
5:45 pm onwards IPSOCON INAUGURATION followed by Dinner				

DAY 2 | 19th October 2024

Saturday

Forenoon

	Hall A	Hall B	Hall C	Board Room
8am to 9am	Free Papers (6+2) Free posters	Free Papers (6+2) Free posters	Free Papers (6+2) Free posters	Free Papers (6+2) Free posters
9am to 9:45am	PRESIDENTIAL ADDRESS (Hall-A) Speaker: Dr Umashankar (President IPSSZ)			
9:45am to 10:45am	PLENARY (HALL-A) Visakha Psychiatric Society Oration Award: Dr. Srinivasan D			
10:45am to 12:00pm	PANEL DISCUSSION <i>Tele MANAS: Updates from South Indian States</i> Speakers: Dr. Prithvi (Telangana), Dr. Vengatesh Mathankumar (Tamil Nadu), Dr. J. Narasinga Rao (Andhra Pradesh), Dr. K. Balan Ponmani Stephen (Puducherry), Dr. Rajani Parthasarathy (Karnataka), Dr. Sheeba Ninan (Kerala)	WFMH (Asia Pacific) & WPA section on Psychiatry, Law and Ethics Symposium <i>Topic: It is time to prioritize Mental Health in the Workplace</i> Speakers: Prof. Roy Abraham Kallivayalil Dr CA Smita Prof K Ashok Reddy Dr Priya R Nair	SYMPOSIUM <i>Running a Child Guidance Clinic</i> Speakers: Dr. N Prasanna Kumar Dr Chandrashekar Huded, Dr. Challa V. Krishna Vasana,	SYMPOSIUM <i>Handling exams: Dos and Don'ts</i> Speakers: Dr. K Raman Dr Nithya Ragavi Rajendran Dr Lavanya L
12pm to 1:15pm	SYMPOSIUM <i>Machine learning methods in Psychiatry-the way forward</i> Speakers – Dr. Vidhukumar K., Dr. Sarath S., Dr. Jayaprakashan K.P.	AWARD Dr. P Raghurami Reddy Best Research Paper Award	AWARD Dr. DS Raju Memorial PG Award for best paper	AWARD Dr. SS Jayaram Award for Best Paper
1:15pm to 2:15pm	LUNCH BREAK FREE POSTERS			

DAY 2 | After Noon

2:15pm to 3:00pm	PLENARY (HALL-A) <i>Artificial Intelligence in Mental Health (Hall-A)</i> Speaker: Prof. Suresh Sundaram PhD, Professor, Indian Institute of Science, Bengaluru			
3:00pm to 4:00pm	PANEL DISCUSSION <i>Large Epidemiological Studies in Mental Health-Learning and Challenges</i> <i>Special focus on the “National Mental Health Survey of India”</i>	PANEL DISCUSSION <i>Dialogue with the Divas: Empowering messages from the Empowered!</i>	WORKSHOP <i>ICD-11</i> Speaker: Dr. Samir K. Praharaj Dr. Ravindra Munoli, Dr. Suma Udupa	BLITZ Moderator: Dr. Suhas Satish
	<i>Panelists:</i> Dr. Sai Krishna Tikka, Dr. Shivananda Kattimani, Dr. Vijay Chandra Reddy Avula, Dr. Chethan B., Dr. T.S. Jaisooriya	<i>Panelists:</i> “Team Samanwi”- Dr. Prabha Chandra, Dr. Radha Rani, Dr. Poorna Chandrika Moderator: Dr. Aruna Yadiyal		
4:00pm to 5:30pm	WORKSHOP <i>“Moot Court”</i> Speakers: Dr. Suresh Bada Math Dr Mahesh Gowda & team	SYMPOSIUM <i>Psychotherapy training</i> Speaker: Dr. Mathew Varghese, Dr. Arun Kishore, Dr. Ashlesha Bagadia, Dr. Ajit Bhide		
5:30pm onwards	Annual General Body Meeting (Hall-B) followed by Dinner			

DAY 3 | 20th October 2024

Sunday

Forenoon

	Hall A	Hall B	Hall C	Board Room
8am to 9am	Free papers (6+2) SHATAVAHANA PG POSTER AWARD	Free papers (6+2) Free posters	Free papers (6+2) Free posters	Free papers (6+2) Free posters
9am to 10:15am	AWARD Athma Endowment Oration Award For Women Psychiatrists: Dr. S. Radha Rani	SYMPOSIUM <i>Humanities in Psychiatry in Digital Times.</i> Speakers: Dr. Raguram R, Dr. Ajit Bhide, Dr. Indla Rama Subba Reddy, Dr. KS Pavithra	LECTURES <i>Obsessive Compulsive & related disorders: Recent Updates</i> Speaker: Dr. A. Shyamsundar	LECTURE Indemnity Insurance Speaker: Dr. Ashok K. Alimchandani
			<i>EEG in Psychiatry</i> Speaker: Dr P. Manmohan Raju	<i>Building Resilience for mental wellness"</i> Speaker: Air Vice Marshal (Dr.) Kaushik Chatterjee
10:15am to 11:00am	SYMPOSIUM <i>Artificial Intelligence: Critical Review and leveraging it for Improving Psychiatric Services</i> Speakers: Dr. Radha Kanth Chunduri, Dr. K. Ashok Reddy	LECTURES <i>Sleep Psychiatry</i> Speaker: Dr. Satish Ramaiah	LECTURE <i>Perinatal Psychopharmacology</i> Speaker: Dr. Lakshmi Shiva	SYMPOSIUM <i>Psychiatry Training for Undergraduates</i> Speakers: Dr. Kishor M., Dr. Vinay H.R., Dr. Christina George
11:00am to 12:15pm	SYMPOSIUM <i>Recent advances in the management of ADHD and Common Mental Disorders</i> Speakers: Dr. Anitha Ravirala, Dr. Vivaswan Boorla, Dr. Hrishikesh Giriprasad, Dr. Devika Reddy	SYMPOSIUM <i>Recent updates on the Management of schizophrenia</i> Speaker: Dr. Sai Krishna Tikka <i>BPAD prophylaxis: Are we ready for a paradigm shift?</i> Speaker: Dr MS Reddy	SYMPOSIUM <i>Sexual Medicine and Psychiatry:</i> Speaker: Dr TSS Rao, Dr Sandip Deshpande	SYMPOSIUM Must know aspects: 'Adverse effects of Psychotropics' Dr. Mohan Sunil Kumar Dr Kiran Kumar
12:15pm to 1:15 pm	SYMPOSIUM <i>'Recent Advances in Digital Psychiatry'</i> Speakers: Dr. Prabhat K Chand Dr. Nabagata Das, Dr. Manik Singh	LECTURES <i>Emergency Psychiatry</i> Speakers: Dr. Krishna Prasad (Perspectives from Psychiatric Institute) Dr. Johnson Pradeep (Perspectives from General Hospital Setting)	SYMPOSIUM <i>Gaming addiction: How to identify, prevent, predict and process.</i> Speakers: Dr. V. George Reddy, Dr. Vishal Akula, Dr. P. Manmohan Raju, Dr. Sridhar Dandapally.	SYMPOSIUM <i>Inclusive living for persons with Chronic Mental Illnesses</i> Speakers Dr. H. Chandrashekhkar, Dr. Dhananjay, Mr. Anant Agastya
1:15 pm onwards	Valedictory followed by Lunch			